

Falls Church Recreation and Parks Department

Junior's Preschool Program

Tuesday and Thursday

9:00am - 12:00noon



Our program is designed for students ages 3 to 4 years old with activities centered around arts and crafts, music, stories, games and free play. The program consists of up to 15 students, with one lead teacher and one aide. Daily activities are developmentally appropriate working on fine motor skills, literacy/language arts skills, math skills and science skills all while promoting the individual child's physical, social and emotional well being. Students have the opportunity to work together in small groups as well as independently. Free play is child-initiated allowing students to role play and create relationships with peers. All interactions are designed towards positive self-esteem and growth. **Students must be potty trained.**

Daily Schedule

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|---------------|--|
| 9:00 - 9:15 | Arrival - Table Activities and Free Play |
| 9:15 - 9:30 | Morning Meeting |
| 9:30 - 9:50 | Activity Time |
| 9:50 - 10:00 | Movement |
| 10:00 - 10:30 | Clean Up and Wash Hands |
| | Snack |
| | Bathroom Break |
| 10:30 - 11:00 | Art |
| 11:00 - 11:45 | Recess |
| 11:45 - 12:00 | Pack Up |
| 12:00 | Dismissal |

Preschool Curriculum

Juniors (3-4 years)

This year serves as an introduction to school where children can make friends, gain confidence in their abilities, and lay the foundation for future learning. Our curriculum is teacher created and incorporates the standards set by the state of Virginia. Students are exposed to a variety of topics and activities throughout the year as well as some basic Spanish.

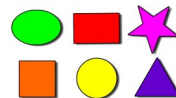
Fine Motor Skill

- * Scissors
- * Tracing
- * Building
- * Arts and crafts with a variety of materials



Math

- * Numbers 1-10
- * Colors
- * Patterns by color
- * Shapes
- * Similar and Different
- * Following 1-2 step directions



Literacy/Language Arts

- * Uppercase letter recognition and sounds
- * Writing first name
- * Parts of a story/predictions
- * Read a louds
- * Difference of he/she, me/I
- * Sequence (1st, 2nd, 3rd)



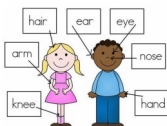
Science

- * Seasons
- * Plants
- * Water/Sand Table
- * Leaves
- * Magnets
- * Insects
- * Mixing Colors



Social, Emotional and Physical Well-Being

- * Centers
- * Talk about feelings
- * Parts of the body
- * Movement through dance
- * Indoor/Outdoor Play



Themes

- * Community Helpers
- * Dinosaurs
- * Rainbows
- * Farm Animals
- * Holidays
- * Apples
- * Ocean
- * Camping
- * Dr. Seuss
- * Construction



Contact

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